

Bwydlen Chez Popeth



Y GORAU O BOB MAN YNG NGHYMRU

Nid oes gwell i'ch gwasanaethu



I DDECHRAU - STARTERS

Cawl cartref y dydd gyda rhôl a menyn Home made soup of the day with roll and butter	£3.50	Bara Garlleg Garlic Bread	£3.50
		Gyda caws With cheese	£4.00
Coctel gorgimychiaid gyda bara brown a menyn Prawn cocktail served with brown bread and butter	£5.25	Rosti ham, pîn-afal a thatws gyda chaws Llŷn wedi'i doddi ar ei ben Ham, pineapple and potato rosti with Llŷn cheddar cheese melted on top under the grill	£5.25
Paté cartref o iau cyw iâr, brandi, perlysiau a hufen gyda thôst a salad bach Home made chicken liver, brandy, herbs and cream paté served with toast and salad garnish	£5.25	Melon a sorbed Melon with sorbet	£4.00

Cyrsiau Cyntaf - Starters

Coesau broga wedi'i ffrio'n ysgafn, parsli cafiâr, boch maelgi wedi'i grilio, brocoli, garlleg a lemwn
wedi rostio

(Ychwanegiad £5.50)

Sauteed frogs legs, parsley caviar, chargrilled monkfish cheeks, broccoli, garlic and roasted lemon
(Supplement £5.50)

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Terin lar gini, coirizo a pistachio, siytnipupur coch, torth triog a stowt
a menyn marmite

(Ychwanegiad £5.00)

*Guinea Fowl, chorizo and pistachio terrine, red pepper chutney, treacle and stout loaf
and marmite butter*

(Supplement £5.00)

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Wŷ hwyaden crisb gyda stribedi tost hwyaden wedi'i fygu a chloron y moch.

(Ychwanegiad £4.50)

Crispy duck egg with smoked duck and truffle soldiers

(Supplement £4.50)

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Cregyn bylchog mawr wedi'u serio, llyswennod mwg wedi'u potsio gyda cloron y moch du, piwri
gwygbys,

pîn-afal a ysgallddail coch

(Ychwanegiad £5.50)

*Seared king scallops, black truffle poached smoked eel, chickpea puree,
pineapple and red charred*

(Supplement £6.00)

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Tarten trwffwl du Hydref a tarten ffig au fine, gorgonzola oer, afal cywasgedig, cnau ffrengig a
berwr y dwr

(ychwanegiad £2.00)

Autumn Black truffle and fig tart au fine, iced gorgonzola, compressed apple, walnut and
watercress

(Supplement £2.00)

Seigiau arbennig

Gweler y bwrdd du am seigiau arbennig heddiw

Platiau Salad Arbennig Caban

Salad Gardd Caban £6.95

Tabbouleh, colslo, picl betys coch a moron, salad dail cymysg, nionod picl, hwmws, olifau du a gwyrdd cymysg, wedi'u gweini â bara pitta ac olew olewydd balsamaidd.

Caws Cymreig £6.95

Cheddar aeddfed Snowdonia Black Bomber, Perl Wen, siytni cwrw Cymreig, colslo, garnais salad gwyrdd, bara ceirch a menyn

Ham Rhost Cymreig mewn Mêl £6.95

Dwy sleisen o ham rhost mewn mêl, mwstard grawn cyflawn, colslo, nionod picl, garnais salad gwyrdd, Bara a menyn

Salad Fegan £6.75

Picl betys coch a moron, hwmws, olifau du a gwyrdd cymysg, tabbouleh, garnais salad cymysg, bara ffres ac olew olewydd balsamaidd.

Tatws Trwy'u Crwyn

Gweinir â garnais salad

menyn £3.95

colslo £4.95

ffa pob £4.95

hwmws £4.95

mayonnaise tiwna £5.50

Cheddar gwyn aeddfed £4.95

Nachos Cabana £5.95

Nachos, caws wedi'i doddi gyda thopin salsa a crème fraîche cartref blasus

Eitemau Ychwanegol

Hwmws Cartref £3.50

2 Fara Pitta wedi'u Tostio

Olifau Gwyrdd a Du Cymysg £2.50

Powlen Fechan o Gawl Cartref £3.75

Bara Menyn

Powlen o Nachos £2.10

gyda Chaws £2.65

Fara Garlleg £2.10, gyda chaws £2.65

Potato Wedges £2.10, with Cheese £2.65

Mixed Leaf Salad £2.50

Coleslaw £2.10

Cawl y Dydd £4.20

bara menyn (Gweler y bwrdd seigiau arbennig)

Cawl y Dydd a Brechdan £6.95

caws, ham, tiwna neu hwmws

~Brechdanau a Baguettes~

Cheddar aeddfed Welsh Dragon a siytni

gyda garnais salad a chreision

Brechdan: £4.50, Baguette: £4.95

Ham Rhost mewn mêl, mwstard grawn

cyflawn gyda garnais salad a chreision

Brechdan: £4.75, Baguette: £5.20

Tiwna Mayonnaise

gyda garnais salad a chreision

Brechdan: £4.95, Baguette: £5.50

Hwmws Cartref a Tomato

gyda garnais salad a chreision

Brechdan: £4.50, Baguette: £4.95

~Baguettes Poeth~

gweinir â garnais salad

Cyw Iâr Poeth £6.50

llenwad o gyw iâr, puprynnau coch, jalapenos a nionod wedi'u ffrio mewn padell gyda chaws tawdd mewn baguette blawd cyflawn organig

Madarch Poeth £6.50

llenwad o fadarch, puprynnau coch, jalapenos a nionod wedi'u ffrio mewn padell gyda chaws tawdd mewn baguette blawd cyflawn organig

Baguette BLT £6.25

bacwn mwg Wavell, letys a thomato

Bacwn, hwmws a thomato £6.50

bacwn mwg, hwmws a sleisiau tomato

Ar gyfer y Plant

Cawl tomato Heinz, bara menyn £2.75

Caws ar sleisen o dost £2.50

Ffa pob ar sleisen o dost £2.75

Pasta Penne Organig £3.50

gyda saws tomato a basil organig, caws

Cheddar, bara menyn

Brechdan a Chreision £3.50

Dewis o ham, jam, caws Cheddar, mayonnaise tiwna neu hwmws

Bwydlen Cinio

Ciabattas cynnes

Gyda salad bychan a coleslaw cartref

Ham cartref a shytni pinafal - £5.25

Caws lleol wedi'i gymysgu a nionyn syfi a caws hufenog - £4.90

Gorgimychiaid a mayonnaise lemwn - £5.25

Stec a madarch mewn menyng garlleg - £9.25

Cyw iar cynnes, cig moch, tomato a rocket - £7.25

Selesig lleol a marmaled nionyn coch - £6.50

Cawl a ciabatta - £8.50

Salad/ Prydau Ysgafn

Caws gafr Bryncroes, gellygen mewn cardamom, cnau cyll, cymysgedd o ddeiliach a coleslaw - £7.50
Cyw iar cynnes gyda salad tatws bach a coriander - £8.50

Cranc Tudweiliog gyda gorgimychiaid mewn mayonnaise lemon, cymysgedd o ddeiliach, bara a coleslaw - £8.50

Plowman – ham, caws Pont Gar a Caerffili, shytni pinafal, bara, salad bychan a coleslaw - £7.90

Cacennau pysgod, salad bychan, coleslaw, aioli neu saws mel a leim - £8.50

Taten drwy'i chroen gyda ham a caws, salad bychan a coleslaw - £5.50

Omelete caws, salad bychan a coleslaw - £5.10

holwch am lenwadau eraill sydd ar gael

Ychwanegol

Sglodion cartref - £2.90

Sglodion cartref a caws neu aioli - £3.30

Bara garlleg - £2.90

Bara garlleg a caws - £3.30

I ddechrau

Cawl y dydd gyda bara - £4.50

Pate iau cyw iar, tequila a leim, confit nionyn coch a bara wedi'i dostio - £6.50

Cranc Tudweiliog, gorgimychiaid mewn mayonnaise lemwn, balsamig a bara – £6.95

Caws gafr o Bryncroes ar filo, gellygen mewn cardamom a cnau cyll - £6.95

Gorgimychiaid mawr mewn saws cnau coco, tsili a coriander ar grempog turmeric – bach £7.90 – mawr £13.50

Cinio

Rissotto madarch, parmesan a rocket - £6.25/£9.25

Gammon, wy a sglodion cartref gyda shytni pinafal - £8.50

Cyw iar gyda tarragon a cig moch, saws gwin gwyn a sglodion cartref - £13.50

Byrgar cig oen gan cigydd Edern mewn bap brioche, sglodion cartref ac aioli - £10.50

Byrgar stec eidion gan cigydd Edern mewn bap brioche, sglodion a saws tomato a tsili - £10.50

Yn ychwanegol i'r byrgars am - £1.50 yr un - Cylchoedd nionod, caws neu cig moch

Syrloin 8 owns o Gymru, gyda nionod, sglodion a salad - £17.50

Rump 8 owns, sglodion a salad bychan - £15.90

Saws pupur du neu menyng garlleg - £1.50

Am bwdin holwch am y fwydlen.

Gadewch i'r staff wybod os oes gennych unrhyw alergedd bwyd neu anghenion diet arbennig

Gofynnwch i weld copi o fwydlen nos Wener a nos Sadwrn

PRYDAU ARBENNIG Y DAFARN - HOUSE SPECIALS

Lasagne cartref traddodiadol Traditional home made lasagne	£9.50	Stêc gamwn wedi'i grilio gyda: Wy	£10.50
		Caws a thomato	£10.50
Ein pastai cig eidion a chwrw cartref Our own home bred and made steak and ale pie	£12.95	Pînafal	£10.50
		Wy a pînafal	£10.50
Byrgyr eidion cartref gyda chaws Llŷn wedi toddi, a bacwn	£9.50	Grilled gammon steak with either: Egg	£10.50
Home produced beef burger, with melted Llŷn cheddar cheese, topped with bacon		Cheese and tomato	£10.50
		Pineapple	£10.50
		Egg and pineapple	£10.50
Porc Cajun wedi'i ffrio mewn padell gyda saws barbeciw cartref	£9.95	Ffiled ffres o frest cyw iâr wedi'i ffrio mewn padell gyda saws gwin gwyn a madarch	£10.95
Pan fried Cajun pork with homemade BBQ sauce		Fresh chicken breast fillet pan fried with white wine and mushroom sauce	
Byrgyr cig oen mintys cartref wedi'i grilio mewn rhol gyda salad bach	£9.50	Hanner hwyaden wedi'i sgleinio mewn mêl gyda saws cyrens duon cartref neu saws oren	£17.50
Grilled minted home bred lamb burger in a bap with a salad garnish		Honey glazed half duckling with homemade blackcurrant or orange sauce	
Coes cig oen Cymreig lleol wedi'i rhostio'n araf gyda grêfi llysiau, rhosmari a gwin coch	£13.95	Cyw iâr wedi'i stwffio a chaws a'i rowlio mewn bacwn gyda saws barbeciw	£11.95
Local slow roasted Welsh lamb shank with a vegetable, rosemary rich red wine gravy		Chicken breast fillet stuffed with cheese and rolled in bacon with BBQ sauce	
Stêc Sylwn 12 owns lleol gyda cylchoedd nionod, madarch a thomato	£17.50	Ham cartref, ŵy a sglodion	£10.50
12oz local Sirloin steak with onion rings, mushrooms and tomato		Home cooked ham, egg and chips	

LLYSIEUOL - VEGETARIAN

Amrywiaeth o lysiau mewn pasta a saws wedi'w bobi gyda caws A selection of vegetables with pasta in sauce baked and glazed with cheese	£8.95	Tarten betys a nionod wedi'i carameleiddio gyda salad bach Beetroot and caramelised onion tart with salad garnish	£8.95
Cacen datws, caws Llŷn, cennin a saws chili melys Home made potato cake with chive, leek and Llŷn cheese with sweet chilli sauce	£8.95	Soufflé cartref gyda caws gafr Home made goat cheese soufflé	£8.95

PYSGOD - FISH

Sgampi cynffon gyfan mewn briwsion bara wedi'u ffrio'n ddyfn gyda salad bach a lemn Deep fried breaded whole tail scampi with salad garnish and lemon	£8.50	Ffiled eog ffres wedi'i grilio gyda gorgimychiaid a madarch mewn saws gwin gwyn Grilled fresh fillet of salmon with prawns and mushrooms in a white wine sauce	£10.25
Ffiled brithyll wedi'i goginio yn y popty gyda bacwn a madarch Oven baked fillet of trout with bacon and mushrooms	£8.95	Penfras mewn cyteu cwrw Cod in beer batter	£10.25

SALADAU - SALADS

Ham cartref gyda rholiau a menyn Home baked ham with rolls and butter	£10.25	Gorgimychiaid mewn saws Marie Rose, a lemn, gyda rholiau a menyn Prawn and Marie Rose sauce and lemon with rolls and butter	£9.75
Cinio'r Gweinyddwyr Eagles, gyda dewis o gaws Harlech (rhuddygl poeth), cheddar aeddffed neu pastai borc (wedi ei wneud gan y cigydd lleol) neu ham Eagles Ploughman's lunch. Choice of Harlech (horseradish), mature cheddar or pork pie made by local butcher, or ham	£9.50	Ffiled cyw iâr poeth gyda mayonnaise, rholiau a menyn Hot chicken breast fillet with mayonnaise, rolls and butter	£10.25

BRECHDANAU - SANDWICHES

Brechdan ham cartref - bara gwyn neu frown gyda salad bach Home cooked ham sandwich - brown or white bread and salad garnish	£4.50	Brechdan caws Llŷn - bara gwyn neu frown gyda salad bach Llŷn cheddar cheese sandwich - brown or white bread and salad garnish	£4.05
Brechdan tiwna a mayonnaise - bara gwyn neu frown gyda salad bach Tuna mayonnaise sandwich - brown or white bread and salad garnish	£4.25	Brechdan gorgimychiaid a saws Marie Rose - bara gwyn neu frown gyda salad bach Prawn and Marie Rose sauce sandwich - brown or white bread and salad garnish	£4.95

Prif Gyrsiau – Main Courses

Syrlwyn cig llo, cefndedyn crisb llaeth ewyn, colcannon, gwraidd persli, lemwn a phersli
(Ychwanegiad £9.00)

Veal sirloin, buttermilk crispy sweet breads, colcannon, parsley root, caper, lemon and parsley
(Supplement £9.00)

Lwyn o gig oen Cumreig, cafiar wyllys, gratin caws gafr, pupurau melys a sur,
tapenade olewydd du
(Ychwanegiad £9.00)

Loin of welsh lamb, charred aubergine caviar, goats cheese gratin, sweet and sour peppers, black olive tapenade
(Supplement £9.00)

Draenogiad y môr gyda ravioli tryloyw cranc Aberdaron, ffenigl, coriander,
lemwn wellt a consommé cranc
(Ychwanegiad £6.00)

Stonebass, Aberdaron crab transparent ravioli, fennel, coriander, lemongrass and crab consommé
(Supplement £6.00)

Bril, artisiog Jeriwsalem, sumiji wedi'u ffrio'n ysgafn, piwri nionyn, bôn y gwt wedi brwysio a
rouge beurre
(Ychwanegiad £6.50)

Brill, Jerusalem artichoke, sauteed sumiji, onion ash puree, braised oxtail and beurre rouge
(Supplement £6.50)

Cennin rhyddedig wedi brwysio wedi ffrio'n ysgafn, Wŷ iâr wedi botsio'n araf, piwri berwr dŵr,
gratin tatws mwg a saws menyn a bara lawr

Charred braised leek, slow poached Hens egg, watercress puree, smoked potato gratin and laverbread butter sauce

YN YCHWANEGOL - EXTRAS

Cylchoedd nionod (8) Onion rings (8)	£2.00	Saws pupur Pepper sauce	£2.00
Sglodion Chips	£3.00	Saws madarch Mushroom sauce	£2.00
Bara menyn [1 tafell] Bread and butter [1 round]	£0.50	Salad mawr Large salad	£2.00
Rhöl a menyn Roll and butter	£0.75	Salad bach Small salad	£1.00

PWDINAU - SWEETS

Teisen siocled cartref gyda mafon a hufen Homemade chocolate torte with raspberries	£4.75
Pwdin bara traddodiadol cartref Traditional homemade bread and butter pudding	£4.75
Cwch banana Banana boat	£4.75
Romanoff mafon Raspberry romanoff	£4.75
Pwdin taffi a datys sticlyd gyda saws taffi cartref Sticky toffee and date pudding with homemade toffee sauce	£4.75
Hufen iâ fanila (3 sgwp) Vanilla ice cream (3 scoops)	£3.00
Hufen iâ tegan (1 sgwp) - Fanila	£2.00
Siocled	£2.00
Mefys	£2.00
Ice cream toy (1 scoop) - Vanilla	
Chocolate	
Strawberry	

Pwdinnau a Chaws
Desserts and Cheese

Teisen frau "Millionaire" Portmeirion
Portmeirion's "Millionaire shortbread"

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Rôl arctig ceirios, ganache pistasio a siocled gwyn awyredig
Cherry arctic roll, pistachio ganache and aerated white chocolate

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Pastai gellyg cynnes, creme anglaise bubble gum a hufen iâ amaretti
Warm pear pie, bubble gum creme anglaise and amaretti ice cream

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Swffle mandarin gyda hufen iâ Bara Brith
(Gadewch 15 munud o amser paratoi os gwelwch yn dda)
Mandarin souffle with Bara Brith ice cream
(Please allow 15 minutes preparation time)

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Pwdin taffi cludiog gyda ceulfwyd banana a aer cnau ffrengig
Sticky toffee pudding, bannana mousse and walnut air

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Panna cotta coconyt gyda sorbe mango
Coconut panna cotta with mango sorbet

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Detholiad o gawsiau Cymreig, Siytni, Seleri a Bisgedi
(Ychwanegiad £3.50)
Artisan Welsh Cheeses, Chutney, Celery and Biscuits
(Supplement £3.50)

GWINOEDD

Gwydraid (gwin y tŷ) 175ml Potel 750ml

~Gwin y Tŷ~

Cuvee Jean Paul Gwyn Sych. Croyw ac adfywiol; fe wnaiff dynnu dŵr i'r dannedd. Gwydraid: £3.20, Potel: £12.50

Cuvee Jean Paul Gwyn Lled-sych. Blas llawn a ffrwythus ond lled-sych serch hynny. Gwydraid: £3.20, Potel: £12.50

Cuvee Jean Paul Coch. Llawn cymeriad, cymedrol gadarn, llyfn a boddhaol. Gwydraid: £3.20, Potel: £12.50

Cuvee Jean Paul Rose. Gwin rhosliw ag arogleuon ffrwythau'r haf a blasau ysgafn aeron suddog. Gwydraid: £3.20, Potel: £12.50

~Gwyn~

Emiliana Sauvignon Blanc (Chile) Blasau sitrws suddog, iach a glân bendigedig Fe wnaiff dynnu dŵr i'r dannedd. Potel: £14.20

The Landings White-Chardonnay (Awstralia) Ar ochr sych lled-sych. Iachusol a ffrwythus iawn. Potel: £12.95

Pinot Grigio San Giorgio (Yr Eidal) Awgrym o arogl cnau, bricyll a hufen. Fe wnaiff bryfocio'r blasbwyntiau. Potel: £13.45

~Coch~

Simonsig Cabernet/Merlot (De Affrica) Gwin coch llyfn a choeth â blasau ffrwythau aeddfed a strwythur da. Cynhyrchir gan James Malan yn ystâd y teulu yn Stellenbosc. Potel: £14.45

Torres Santa Digna (Chile) Lliw rhuddgoch, ag adlewyrchiadau tanllyd. Arogl amrywiol rhagorol ynghyd ag awgrymiadau o ledr a licris. Blas tanin sidanaidd a gorffeniad coeth. Potel: £14.75

Senorial Rioja Tint (Sbaen) Ffrwythau mwyar duon bendigedig ag awgrym o fanila wedi ychydig o aeddfedu mewn casgenni barrique derw. Potel: £13.75

~Rhosliw a Phefriog~

Gold Country Rose (Califfornia) Gwin bywiog rhosliw â blas ffrwythau'r haf. Ysgafn, adfywiol a hawdd i'w yfed. Potel: £12.95

CWRW

~Bragdy Mws Piws~

Cwrw Arobryn Porthmadog

Cwrw Eryri 500ml (3.60 ABV) £3.50
Cwrw golau adfywiol a fragwyd â brag Golau a Chrisial ynghyd â chyfuniad o hopys Pioneer, Styrian Goldings a Lubelsk

Cwrw Madog 500ml (3.70 ABV) £3.50
Chwerw sesiwn croyw a chochlyd, â blas brag a gorffeniad chwerw sych.

Cwrw Glaslyn 500ml (4.20 ABV) £3.60
Chwerw gorau euraidd â gorffeniad blas hopys cytbwys.

Dark Side 500ml (4.60 ABV) £3.60 Cwrw tywyll blasus â blas brag dwfn haidd rhost a chwerwedd ffrwythus hopys Bramling Cross.

~Seidr/Lager Tomos Watkin~

Seidr Afalau Taffi 500ml (6.0 ABV) £3.50
Seidr Sych blasus a chryf.

Seidr Gellyg 500ml (5.3 ABV) £3.50
Seidr gellyg bendigedig wedi'i wneud o'r ffrwythau mwyaf aeddfed. Bragwyd yn oer.

Cwrw hud 500ml (5.0 ABV) £3.50
Gwnaed o hopys Almaenaidd, brag o Loeg a dŵr crisial Cymru.

Lager Safonol Cwrw Celt 330ml (5.0 ABV) £3.15
Bragwyd yng Nghaerffili, cymeriad llyfn unigryw â blas hopys.



Diodydd & Rhestr Gwin

Dŵr Mwynol Pefriog Cymreig 250ml.....	£0.95 y botel
Dŵr Mwynol Cymreig 250ml.....	£0.95 y botel
Dŵr Mwynol Pefriog Cymreig 750ml.....	£2.75 y botel
Dŵr Mwynol Cymreig 750ml.....	£2.75 y botel
Jwg o Sudd Oren Ffres / Sudd Afal / Sudd Llugaeron.....	£6.00 (6-8 gwydriad)
Te, Choffi a Bisgedi Corfforaethol.....	£1.50 y pen
Te a Choffi ar ôl cinio.....	£1.25 y pen
Te, Coffi a siocledi ar ôl cinio.....	£1.50 y pen
Te, Coffi & Bisgedi Gweithredol.....	£2.00 y pen

Prisiau ddim yn cynnwys TAW

Gwin Gwyn

Volandas Sauvignon Blanc 2013 Chile (1) ABV 13%.....	£13.50	Soave Zonin 2012 Italy (2) ABV 12%.....	£15.95
Kleindal Chenin Blanc 2013 S. Africa (3) ABV 12.5%.....	£13.50	Chablis Paul Delane 2011 France (1) ABV 12.5%.....	£17.95
Willowglen Pinot Grigio 2012 Australia (2) ABV 11.7%.....	£14.95	Babich Black Label Marlborough Sauvignon Blanc 2012 New Zealand (1) ABV 13%.....	£21.95

Gwin Coch

Volandas Cabernet Sauvignon 2011 Chile (C) ABV 12%.....	£13.50	La Forge Pinot Noir 2012 France (B) ABV 13.5%.....	£15.95
Mountbridge Merlot 2012 Australia (C) ABV 13.5%.....	£13.50	Pasqua Passiamento 2010 Italy (D) ABV 14%.....	£17.95
Artesa Rioja Tempranillo 2012 Spain (B) ABV 13%.....	£14.95	Del Fin Del Mundo Malbec 2011 Argentina (D) ABV 14%.....	£21.95

Gwin Rosé

770 Miles Blush Zinfandel 2012.California (3) ABV 10%.....	£14.95
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Gwinoedd Pefriog a Siampên

Gosset Brut NV France (1) ABV 12%.....	£43.95
Gosset Rosé NV France (1) ABV 12%.....	£59.95
Prosecco Zonin NV Italy (1) ABV 11%.....	£17.50

Mae rhestr win lawn ar gael ar gais. Gallwn hefyd gynnig diodydd tymhorol i gydweddu â'ch cyllideb